



President: Christina Donaldson, Ph.D.  
President-Elect: Anna Krasno, Ph.D.  
Treasurer: Eric Nelson, Ph.D.  
Secretary: Avery Voos, Ph.D.  
LAN Representative: Dean Given, Ph.D.  
Student Representative: Oriana McGee, M.S.  
Past President: Megan Donahue, Ph.D.

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**April 8, 2021  
8:15AM to 9:30AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Call to order at 8:23AM.
- Attendance and evaluation of quorum: Drs. Megan Donahue, Avery Voos, Christina Donaldson, Anna Krasno, Eric Nelson, Dean Given, Brooke Sears, Jordan Witt, Winifred Lender, Kimberley Taylor, and student representative Oriana McGee and SBCPA member Scott Young.
- Review of March 2021 Minutes
  - Dr. Anna Krasno motioned, Dr. Megan Donahue seconded, all approved. Motion passes.

**Agenda Item 2: President's Report**

- Discussion re: how SBCPA can be more proactive with Social Justice
  - Can we donate money as an organization?
  - Have more paid CE's from organizations that support Social Justice
- Members have been sharing appreciation regarding board's efforts.
- Guest - Scott Young to present ideas re: website
- When to consider having in person events.

**Agenda Item 3: President-Elect's Report**

- April Collegial Consultation 4/23 from 9-11a with Dr. Rotz (currently 1 registrant).
  - Discussed different ways of making this more accessible to members.
- Student Check-ins (in lieu of students attending consultations) on March 12, April 16.

**Agenda Item 4: Past President's Report**

- Dr. Megan Donahue discussed continued meetings with web developer for website.

### **Agenda Item 5: Treasurer's Report**

- Accounts continue to be in good standing (~\$27,000).
- SBCPA is now an official member of YouthWell at no cost.
- Dr. Christina Donaldson inquired about using funds to show support of other organizations related to social justice.
  - Dr. Eric Nelson to look into feasibility.

### **Agenda Item 6: Secretary's Report**

- None

### **Agenda Item 7: Student Representative's Report**

- Second student networking event will be held 12:00-12:30 on 4/16/21.
- Discussed starting a weekly attachment theory group (~4-6 weeks) with Dan Schwartz
- Formulating a plan for a rotating "Ask A Psychologist" check-in.
  - Dr. Christina Donaldson offered her expertise on eating disorders.
- Still looking to connect with Dr. Lyons re: mentorship program.
  - Dr. Megan Donahue offered suggestions about how to get started.

### **Agenda Item 8: Continuing Education Committee's Report**

- Finalizing paperwork with Diana Hill for her talk on ACT in Daily Life which is scheduled for May 14th.
  - Dr. Dean Given offered possibility of advertising without mentioning CE's.
    - Dr. Christina Donaldson discussed checking in with CPA.
- Moved Dr. Nick Thaylor's talk Understanding Neurocognitive Sequelae of Hypoxic and Anoxic Brain Injury and How it May Apply To COVID-19 to Friday, June 4th.
- Coordinating a CE event with Brooke Balliett, clinical director of Center for Psychedelic Therapy in Los Angeles about a training on psychedelic psychotherapy.
- New psychiatrist, Josephine McNarry, has offered to do a psychopharmacology refresher.
- Dr. Megan Donahue discussed possibility of using funds to offer anti-racism talk. Discussed possibility to request additional for anti-racism / social justice programming.
  - Dr. Dean Given offered possibility of hiring consultation on how a predominately white board can best support anti-racist work.
  - Dr. Jordan Witt discussed process in responding to Asian American hate crimes.
  - Dr. Scott Young discussed racial injustice sub-committee and also wondering about the utility of putting out statements.
  - Dr. Megan Donahue to send out link for racial injustice sub-committee meeting to the board.
- Dr. Megan Donahue moved to allocate \$2000 to hire Dr. Thema Bryant to conduct a CE event focused on anti-racism in the therapy room. Christina Donaldson seconded. All approved. Motion passes.

### **Agenda Item 9: Disaster Response Committee Report (absent)**

- Dr. Karen Lehman not present. Updates provided by Dr. Brooke Sears.
- Just announced - NEW sign-ups for vaccinations open up Thursday morning for anyone age 16 and up in Santa Barbara - to schedule a vaccine at the SB Mass Vaccination site, located at the Cabrillo Blvd Hilton... sign up Thursday 4/8 for appointments the week of 4/12/21. There will be numerous slots for 1st dose Pfizer.
- <https://publichealthsb.org/phd-vaccination-clinics/>



- All other vaccination sites (ie Cottage and Pharmacies/clinics) are not beginning ages 16 and up eligibility until 4/15/21 at this point (but that could change)
- Waiting on guidance from county, PHD and Health Officer orders re.
  - Newsom's new announcement that all businesses in CA to reopen 6/15/21 -- county's can interpret state orders however is best for the county
  - Also our local guidance regarding gatherings, which may differ from those announced by the state
  - Updated guidance will be provided in the Sunday newsletter.
- SB County failed to achieve the orange tier as we had been hoping for on 4/6, due to a slight rise in case numbers the past 2 weeks - possibility of orange tier 4/13 or 4/20 if our case rates improve
- Provided update on attestation forms for reopening.

#### **Agenda Item 10: Media & Public Relations Committee Report**

- Discussed desire to create protocol for statements related to social justice.
- Discussed future groundwork on creating more specific media contacts.

#### **Agenda Item 11: Membership Committee Report**

- Discussed upcoming Networking Coffees: May, August, and November 2021.
  - Exploring option of other days / times.
- Discussed new membership spotlight in Happenings.

#### **Agenda Item 12: Local Advocacy Network Committee Report**

- Dr. Dean Given discussed outcomes and next steps after Assembly Day. Asked for board members to join to provide support requested.
  - Dr. Christina Donaldson offered to join Dr. Dean Given.

#### **Agenda Item 13: Social Committee Report**

- None

#### **Agenda Item 14: Ethics Committee Report**

- None

#### **Agenda Item 15: Website Committee's Report**

- SBCPA member, Scott Young, discussed possibility of members only directory on the website and discussion ensued.
  - Dr. Megan Donahue discussed legality and need to change bylaws with certain changes.
    - Dr. Megan Donahue to follow up with website chair about these changes.
  - Dr. Christina Donaldson discussed highlighting individuals who supervise psychological assistants. Inquired with board members for any concerns.
    - Dr. Christina Donaldson to look into bylaws.
  - Dr. Dean Given discussed importance of following BoP guidelines and importance of coming back to the board before "going live."

**Agenda Item 16: Meeting Adjournment**

- Meeting adjourned at 9:32AM.