



President: Christina Donaldson, Ph.D.
President-Elect: Anna Krasno, Ph.D.
Treasurer: Eric Nelson, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Dean Given, Ph.D.
Student Representative: Oriana McGee, M.S.
Past President: Megan Donahue, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Agenda**

Regular Board Meeting via Zoom

**December 8, 2021
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Past President Dr. Megan Donahue led and called meeting to order at 8:23AM.
- Attendance and evaluation of quorum: Dr. Anna Krasno, Megan Donahue, Avery Voos, Kimberly Taylor, Jordan Witt, Christina Donaldson, Eric Nelson, Dean Given, and Winifred Lender.
- Review of November 2021 Minutes
 - Dr. Anna Krasno motioned to approve, Dr. Eric Nelson seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Dr. Cristina Donaldson led discussion of themes identified in DEI consultations:
 - Isolation
 - Productivity over Relationships
 - Microaggression
 - Classism & Ageism
 - Lack of deep investment in other ways of knowing
 - Not serving the most impacted
 - No clear application process for the governing board/leadership
- Discussed ways to keep focus on identified themes on an annual basis.
- Dr. Anna Krasno shared about discussions she had with new board members about the importance of DEI values.
- Dr. Megan Donahue inquired with the treasurer (Dr. Eric Nelson) about the budget for the DEI related fees.

Agenda Item 3: President-Elect's Report

- Provided an update on the upcoming SBCPA board election.

- Discussed benefits of sending out slate widely.

Agenda Item 4: Past President's Report

- Provided update on website
 - Moved to monthly on Wild Apricot to provide additional time before signing on with Club Express
 - Dr. Megan Donahue to check in with Dr. Eric Nelson about budget.

Agenda Item 5: Treasurer's Report

- Dr. Eric Nelson provided an update on the possibility of writing a grant that could be put towards DEI themes.
- Budget update - \$24,969

Agenda Item 6: Secretary's Report

- Discussed taking a week off from Happenings during Holidays.

Agenda Item 7: Student Representative's Report

- None

Agenda Item 8: Continuing Education Committee's Report

- None

Agenda Item 9: Disaster Response Committee Report

- Dr. Karen Lehman was not in attendance and provided the following update:
- Provided update that the Community Wellness Team is spearheading the county's allocation of resources from the **American Recovery Plan** grant. We hosted a meeting with over 30 mental health stakeholders (an unprecedented gathering!) on 11/19, where we discussed areas of concern and high need in our community - guided by the results of a comprehensive community mental health assessment. This will be a continuing/ongoing process - over 5000 community members were surveyed (electronically, as well as in person outreach for many of our community members who do not have access to internet, and primarily speak Mixteco or Spanish only). Over 60% of the respondents reported feeling that their mental health was worse since the pandemic began.
- Provided update on COVID-19:
 - SB Public Health has extended the indoor mask mandate through 1/4/22
 - The National Public Health emergency has also been extended through January 2022
 - I included some items in last weeks' newsletter about CMS changing the "place of service" billing codes for telehealth in 2022. Psychologists who bill private insurers for telehealth are advised to check with the insurers.

Agenda Item 10: Media & Public Relations Committee Report

- Discussed updates provided to the new Media committee chair.

Agenda Item 11: Membership Committee Report

- Membership renewal cycle email reminders start this week.
- Two new members joined during the past month.



Agenda Item 12: Local Advocacy Network Committee Report

- CPA is finalizing the date in March for our virtual advocacy day.
- Discussed ways to connect with local politicians about mental health issues.

Agenda Item 13: Social Committee Report

- None

Agenda Item 14: Ethics Committee Report

- None

Agenda Item 15: Website Committee's Report

- None

Agenda Item 16: Meeting Adjournment

- Meeting adjourned at 9:28AM.