



President: Annika Okamoto, Ph.D.  
President-Elect: Pati Montojo, Ph.D.  
Treasurer: Megan Donahue, Ph.D.  
Secretary: Aubrey Toole, Ph.D.  
LAN Representative: Hallie D'Agruma, Ph.D.  
Student Representative: Amanda Clapp  
Past President: Anna Krasno, Ph.D.  
Diversity, Inclusion and Social Justice Chair: (position not filled)

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**April 17, 2023  
8:45AM to 10:00AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Dr. Annika Okamoto called the meeting order (8:48am), took attendance and evaluated the quorum, six members present: Drs. Anna Krasno, Annika Okamoto, Lauren Riley, Pati Montojo, Hallie D'Agruma, and Aubrey Toole were present. Dr. Brooke Sears arrived at 9:07am.
- Review of February + March 2023 Minutes
  - Dr. Anna Krasno motioned to approve March minutes, Dr. Hallie D'Agruma seconded, all approved. Motion passes.
  - Dr. Hallie D'Agruma motioned to approve February minutes, Dr. Anna Krasno seconded, all approved. Motion passes.

**Agenda Item 2: President's Report**

- No report.

**Agenda Item 3: President-Elect's Report**

- No report.

**Agenda Item 4: Past President's Report**

- Discussed SBCPA admin gmail account and establishing a protocol for checking this account and responding to messages, as well as creating an auto-reply to set expectations as to response time and share contact info for specific board members (for possible redirection)
  - Decided that the secretary (Dr. Toole) would be in charge of weekly email checks and connecting members with appropriate board members for requests
  - Discussed specifically how to respond to technical issues (cc Dr. Fortman and Dr. Duca)
  - Discussed importance of someone checking the email account on event days and especially adding membership renewal and CE event contacts in auto-reply (Dr. Anna Krasno to serve as backup if Dr. Toole cannot check)

#### **Agenda Item 5: Treasurer's Report**

- ARB Account: \$39,742.20
- Equity Awards set to auto-send on 4/20 via ARB Billpay system
- Discussed concerns about delays in getting award money to awardees; in future years making the process more seamless and also setting expectations about the date of award funds distribution

#### **Agenda Item 6: Secretary's Report**

- No report.

#### **Agenda Item 7: Student Representative's Report**

- No report.

#### **Agenda Item 8: Continuing Education Committee's Report**

- Discussed CE events in the planning stage: TBD: Dr. Angela Vigna DBT; Williams Trauma Informed Healing Metaphors (aiming for Summer/Fall); also looking into CBT-I training
- Zetzer 6 hour Supervision 6/23. Co-sponsorship with VCPA/LACPA. Some ongoing discussion about cost for attendees. Speaker had asked for free attendance for 20 (plus or minus) UCSB supervisors– low cost was a way to make the low cost more equitably divided across all providers who supervise students. One option is for LACPA to host (they are APA accredited CE provider, so can process in-house). CE Committee is waiting on their response. The alternative is that LACPA has asked to increase the fee to participants to \$65 for members/\$90 for non-members to off-set increased \$15/participant fee for submitting through CPA.
  - Dr. D'Agruma noted that the fee increase seems fair even at \$65
    - Dr. Krasno agreed that this price is still low (and other members agreed as well)
  - Discussed CEs being one of the primary benefits of SBCPA membership
    - Considered this in light of new CPD requirements
- Dr. Sears shared some discussion with VCPA about collaboration so far. Summary from Dr. Duca (typed into agenda):
  - For remainder of 2023:



- VCPA contributes toward the cost of the Wild Apricot capacity increase (i.e., adding more contacts so we can keep registering VCPA members). This allows us to continue to co-sponsor events and run the administrative steps through the SBCPA website without getting cut off due to caps.
- In return, for 2023:
  - SBCPA/VCPA Co-sponsored 90 minute events:
  - SBCPA Members: Free
- VCPA Members: Free or \$15 (VCPA members will decide if they are willing to cover CE costs ad hoc)
- Non-member: \$25
- VPCA contributes \$150 toward honoraria (if given)
- - SBCPA-only sponsored 90 minute events:
  - SBCPA Members: Free
  - VCPA Member and other Non-members: \$25
  - SBCPA covers honoraria
- - Longer VCPA/SBCPA co-sponsored events:
  - SBCPA & VCPA members: same fee
  - Non-members: some larger fee
  - SBCPA/VCPA: share costs, and split any proceeds
- - Longer SBCPA-only sponsored events:
  - SBCPA members: some fee
  - VCPA members and other non-members: some larger fee
  - SBCPA: pays speaker, keeps proceeds
- Dr. Sears requested a backup board member to start Friday's CE event in case she does not have solid wifi, and Dr. Krasno offered to do it

#### **Agenda Item 9: Disaster Response Committee's Report**

- No report

#### **Agenda Item 10: Media & Public Relations Committee's Report**

- Dr. Riley is planning to watch a recorded media training with CPA

#### **Agenda Item 11: Membership Committee's Report**

- Planning a membership in person breakfast for end of May, coordinating with Social Chair

**Agenda Item 12: Local Advocacy Network Committee's Report**

- No report.

**Agenda Item 13: Social Committee's Report**

- No report.

**Agenda Item 14: Ethics Committee's Report**

- No report.

**Agenda Item 15: Website Committee's Report**

- Dr. D'Agruma will update website contacts for member questions.

**Agenda Item 16: Diversity, Inclusion and Social Justice Committee's Report**

- Dr. Maria Jose Lewis may be interested in stepping into the role as DISJ Chair. Dr. Montojo met with her, and she plans to shadow this year's meetings with the intention to step in 2024.
- Doctoral Student Equity Awardees will be receiving their funds by end of April 2023. Working with our treasurer to access and distribute funds.
- Top Awardees, Jazzmyn Ward and Adrian Valadez are engaging in their mentoring sessions with Drs. Montojo, Voos, Olson, and Donaldson.
- Dr. Montojo introduced next project: DISJ educational topics/emails sent to SBCPA members: Includes a short text, educating our membership about "outdated terms vs. current include terms," as it relates to various populations, mental health disorders, etc.
- Next DISJ meeting will be May 22nd, 7pm

**Agenda Item 17: Meeting Adjournment**

- Meeting adjourned at 9:30am.