



President: Annika Okamoto, Ph.D.
President-Elect: Pati Montojo, Ph.D.
Treasurer: Megan Donahue, Ph.D.
Secretary: Aubrey Toole, Ph.D.
LAN Representative: Hallie D'Agruma, Ph.D.
Student Representative: Amanda Clapp
Past President: Anna Krasno, Ph.D.
Diversity, Inclusion and Social Justice Chair: (position not filled)

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**February 20, 2023
8:45AM to 10:00AM**

Agenda Item 1: Call to Order and Review of Minutes

- Attendance and evaluation of quorum: Drs. Annika Okamoto, Anna Krasno, Karen Lehman, Paula Strauss, Megan Donahue, Brooke Sears, Lauren Riley, and Aubrey Toole were in attendance.
- Review of January 2023 Minutes
 - Dr. Anna Krasno motioned to approve, Dr. Hallie D'Agruma seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- We have recordings of both website trainings (Wild Apricot and Canva) and Dr. Anna Krasno will put on Google Drive so that board members can view them
 - Discussed whether it might be possible to add to the website
- A reminder that board member dues are waived
- Request for items to add to the Chapter and Verse (will add CE events)

Agenda Item 3: President-Elect's Report

- No report

Agenda Item 4: Past President's Report

- No report

Agenda Item 5: Treasurer's Report

- Current Accounts: ARB \$#####
- In March, will be calculating whether new membership rates closed the budget gaps at predicted levels, adjusting for new Wild Apricot rates, etc.
 - Reminder emails/Archiving those who did not renew
 - Paula is auditing whether licensed membership levels are accurate
- Discussion of Wild Apricot fees (Annual vs Monthly), given that CEU enrollment is coming through SBCPA website (not split with VCPA, etc)

Agenda Item 6: Secretary's Report

- No report

Agenda Item 7: Student Representative's Report

- No report

Agenda Item 8: Continuing Education Committee's Report

- Completed Dr. Krishna Kary CE 2/3/23. 58 participants (31 vcpa/20 SBCPA /7 non-members). Well attended and well reviewed.
- Submitted to CPA for 3-31-23 Dr. Barbara Bain: Decolonial Indigenous Psychology, Identity and Dreamwork with Indigenous Peoples
- Submitted to CPA for 4-21-23 Dr. Cortney Warren: Madly we Love, Sharply we Fall: Conceptualizing Romantic Loves and Breakups as an Addictive Process
- Ongoing discussion of longer supervision CE with Dr. Zetzer (~6 hours; currently navigating fee and whether to hold virtually or in-person; discussed potential benefits of virtual in allowing people from further away to attend). VCPA would like to cosponsor and consideration of also cosponsoring with LACPA. Dr Zetzer has asked if the training could be free for UCSB supervisors (21 providers) — trying to figure out equitable options.
 - Discussion of fee schedule relative to past events
- TBD: Dr. Angela Vigna DBT training; Williams Trauma Informed Healing Metaphors. Aim for Summer/Fall.

Agenda Item 9: Disaster Response Committee's Report

- Completed interest survey to SBCPA for email list for therapy referrals
 - Received 14 responses
- Provided link to recovery resource for people continuing to be impacted by the flooding from last month
- Discussion of community efforts to engage youth who might be at risk for gang involvement/activity
- Discussion of updating the website

Agenda Item 10: Media & Public Relations Committee's Report

- Sent first Happenings (thank you to Dr. Megan Donahue for the training)
- Updated Happenings template



- Happenings go out on Tuesday mornings; people can send announcements to SBCPA Secretary email (sbcpasecretary@gmail.com)
- Dr. Hallie D'Agruma offered to help Dr. Lauren Riley with formatting

Agenda Item 11: Membership Committee's Report

- Updated all board members' memberships
- Conducted an audit to see how many members are listed as Newly Licensed that should be in the Licensed category (quick to audit, only 9, and 4 actually Licensed)
 - Dr. Anna Krasno mentioned that it has been noted that folks were unable to renew at a different membership level (Dr. Strauss shared that this was a Wild Apricot glitch)
 - Discussed reaching out to each member personally to change the membership level versus changing it on the SBCPA end

Agenda Item 12: Local Advocacy Network Committee's Report

- Review of Bills CPA is sponsoring/lobbying for SB282 (allows taking EPPP after completion of coursework without requiring board paperwork), SB372 (allows people who seek licensure in CA to not have deadnames show up in database), and SB373 (address privacy protection for psychologists so that no address needs to show up when people search your name in the licensure database)
- Training on lobbying Feb 25 and then eligible for Lobby Day Mar 21 (must be CPA member; all virtual) - Dr. Hallie D'Agruma will share information with Dr. Lauren Riley to add to Happenings for tomorrow
- Need to pay Website person and reimbursement for expenses for Board Retreat

Agenda Item 13: Social Committee's Report

- No report

Agenda Item 14: Ethics Committee's Report

- No report

Agenda Item 15: Website Committee's Report

- Dr. D'Agruma is happy to answer questions about website and emailing for different board member roles
- Individual job training needed for emailing/website for different Board roles
- Dr. Brooke Sears mentioned a problem with Wild Apricot when you transition from admin to public view (becomes very slow); Dr. Hallie D'Agruma shared that this is a known problem with Wild Apricot

Agenda Item 16: Diversity, Inclusion and Social Justice Committee's Report

- Made a plan for how to review student equity award applications; decided on a rating scale
- Next meeting is Monday 2/27/2023. By that time, members will have rated and reviewed applications and will determine who receives the award at that meeting.

Agenda Item 17: Meeting Adjournment

- Meeting adjourned at 9:43AM.