



President: Annika Okamoto, Ph.D.
President-Elect: Pati Montojo, Ph.D.
Treasurer: Megan Donahue, Ph.D.
Secretary: Aubrey Toole, Ph.D.
LAN Representative: Hallie D'Agruma, Ph.D.
Student Representative: Amanda Clapp
Past President: Anna Krasno, Ph.D.
Diversity, Inclusion and Social Justice Chair: (position not filled)

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**March 20, 2023
8:45AM to 10:00AM**

Agenda Item 1: Call to Order and Review of Minutes

- Dr. Anna Krasno called the meeting order (8:48am), took attendance and evaluated the quorum, 7 members present: : Drs. Anna Krasno, Megan Donahue, Christina Donaldson, Brooke Sears, Lauren Riley, Pati Montojo, and Aubrey Toole
- Delayed review of February 2023 Minutes until a quorum is established

Agenda Item 2: President's Report

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Agenda Item 3: President-Elect's Report

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Agenda Item 4: Past President's Report

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Agenda Item 5: Treasurer's Report

- Current Accounts: ARB \$40,137.91
- Will be calculating whether new membership rates closed the budget gaps at predicted levels, adjusting for new Wild Apricot rates

- Dr. Donahue noted that changing Wild Apricot subscription type will require an increased fee

Agenda Item 6: Secretary's Report

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Agenda Item 7: Student Representative's Report

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Agenda Item 8: Continuing Education Committee's Report

- Submitted to CPA for 3-31-23 Dr Barbara Bain: Decolonial Indigenous Psychology, Identity and Dreamwork with Indigenous Peoples
- Submitted to CPA for 4-21-23 Dr Cortney Warren: Madly we Love, Sharply we Fall: Conceptualizing Romantic Loves and Breakups as an Addictive Process
- Ongoing discussion of longer supervision CE with Dr Heidi Zetzer. VCPA would like to cosponsor and consideration of also cosponsoring with LACPA. Dr Zetzer has asked if the training could be free for UCSB supervisors (21 providers)— trying to figure out options there that are equitable.
- TBD: Dr. Angela Vigna DBT; Williams Trauma Informed Healing Metaphors. Aim for Summer/Fall. Also looking into CBT-I training
- Have been communicating with VPA about supporting our Wild Apricot platform in return for co-sponsoring events with us and splitting honoraria speaker fees. Discussed ways to reduce workload for Dr. Sears and Dr. Duca

Agenda Item 9: Disaster Response Committee's Report

- 3/14/23 was the 11th Atmospheric River of the season (12th is forecast for tomorrow)
 - Locally - Emergency Operation Center (EOC) had been activated for most recent rain event, and evacuations were called, but ended earlier than anticipated; State-wide, many counties impacted and declared "disaster areas" - CPA DRN emails
 - Ready SBC website (<https://www.readysbc.org/>) has resources available (grant assistance available for homes affected by flooding)
- Locally, ARPA Funding disbursement update, peer to peer, paraprofessional connections and support - SBRN (SB Response Network) provided free PFA (Psychological First Aid) training in North County in both Spanish and English

Agenda Item 10: Media & Public Relations Committee's Report

- Continuing to work on Happenings
- Has been generating ideas for increased visibility, but will save thoughts for a future meeting

Agenda Item 11: Membership Committee's Report

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Agenda Item 12: Local Advocacy Network Committee's Report

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Agenda Item 13: Social Committee's Report

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Agenda Item 14: Ethics Committee's Report

- Dr. Donaldson will double check that updated bylaws are on the website and will add them if not (Dr. Krasno shared that they are in an email from her and in Google Drive)

Agenda Item 15: Website Committee's Report

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Agenda Item 16: Diversity, Inclusion and Social Justice Committee's Report

- DISJ committee met to discuss and agreed on final awardees. Decided on 7 awardees.
- Awardees selected and in the process of working with the Treasurer to distribute funds to awardees.
- Mentoring sessions scheduled with top 2 awardees.
- Complimentary student membership granted to top 2 awardees.
- Budget has been depleted; plan to say thank you to all of the donors and reach out for more donations
- Discussed putting awardee new members into Happenings Spotlight
- Takeaways + lessons learned: applicants and letters of recommendation were extraordinary; in future will want to consider which year of graduate school we might want to target (or whether we want to keep year in school open) - there was a lot of diversity in current pool in terms of year; Dr. Donaldson recommended opening it up to all doctoral students including Pacifica and Fielding, even those who don't reside in Santa Barbara
- Discussed unfilled DISJ chair position (Dr. Montojo still covering) and Dr. Krasno plans to send out an email to SBCPA members continuing to look for candidates
- Dr. Donaldson discussed fundraising for DEI efforts (e.g., paying speakers for DEI focused CEU trainings, scholarship awards, etc.), or looking into grants – may want to consider creating a new position for this

Agenda Item 17: Meeting Adjournment

- Meeting was adjourned at 9:27am