



President: Anna Krasno, Ph.D.  
President-Elect: Annika Okamoto, Ph.D.  
Treasurer: Darren Del Castillo, Ph.D.  
Secretary: Avery Voos, Ph.D.  
LAN Representative: Dean Given, Ph.D.  
Student Representative: Amanda Clapp  
Past President: Christina Donaldson, Ph.D.

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**November 14, 2022  
8:15AM to 9:30AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Attendance and evaluation of quorum
- 8:17 am meeting called to order. Attendance: Anna Krasno, Megan Donahue, Avery Voos, Lindsey Duca, Christina Donaldson, Pati Montojo, Alyson Huneycutt, Dean Given, Brooke Sears, Karen Lehman, Darren Del, Annika Okamoto and Student Representative Amanda Clapp.
  - Review of October 2022 Minutes: Anna Krasno motioned to approve. Christina Donaldson seconded. Motion to approve October 2022 minutes passed.

**Agenda Item 2: President's Report**

- Dr. Anna Krasno updated the board that the Bylaw edits were approved by CPA. Next step is membership must vote on this.
  - Discussed how to have membership vote. Discussed benefits of including on 2023 slate.
    - Discussed language and how to include changes.
- Dr. Krasno discussed the End of Year letter to membership. Plan to send it by Mid-December.
- Inquired about possibility of supporting roles that may not be filled on the slate.
  - Discussed ways to incentivize board members (e.g., free membership for board members).
  - Dr. Christina Donaldson to send out one more call highlighting benefits and open positions.

- Dr. Anna Krasno to send message to other presidents about free membership for board members.

### **Agenda Item 3: President-Elect's Report**

- Provided overview of upcoming board slate.

### **Agenda Item 4: Past President's Report**

- Inquired about when to put the slate out to membership.
  - Plan to put it out the first week of December.

### **Agenda Item 5: Treasurer's Report**

- Discussed budget around the end of the holiday year.
  - Dr. Christina Donaldson inquired about possibly budgeting holiday party under different domains (social, membership).
  - Discussed history of holiday party being potluck and funds available in social and/or membership budget.
    - Moving forward with holiday party mostly potluck with a few trays of lasagna.
    - Dr. Anna Krasno to follow up with Dr. Jordan Witt.

### **Agenda Item 6: Secretary's Report**

- None

### **Agenda Item 7: Student Representative's Report**

- Provided overview of mentorship program.
  - Amanda Clapp to send message to UCSB CCSP students and work with Dr. Anna Krasno to get contact information.
  - Dr. Anna Krasno discussed importance of sending out update on timeline of mentorship matching.

### **Agenda Item 8: Continuing Education Committee's Report**

- Upcoming salon with Lopez Salon scheduled for 12/2. Collaboration with VCPA.
- VCPA submitting "Working with families with transitioning children" salon. Goal of late Jan/early Feb. Co-sponsor with VCPA.
- Dr. Angela Vigna will be presenting with using DBT skills for working with adolescents, likely in January (not date yet).
  - Dr. Brooke Sears going to follow up.
- Jonnie Williams interested in doing talk in March 2023 (collaboration with VCPA) around trauma informed healing metaphors.

### **Agenda Item 9: Disaster Response Committee's Report**

- Community Wellness Team set to meet this Thursday 11/17/22.
- Discussed Debris Flow 5 yr anniversary event on 1/9/23.
  - There will be a volunteer opportunity for members.

### **Agenda Item 10: Media & Public Relations Committee's Report**



- Dr. Anna Krasno provided an update that there will be a new website by the end of the year.

**Agenda Item 11: Membership Committee’s Report**

- None

**Agenda Item 12: Local Advocacy Network Committee’s Report**

- Discussed ways to market the LAN representative open position.

**Agenda Item 13: Social Committee’s Report**

- Dr. Anna Krasno provided overview of recent social / membership event.

**Agenda Item 14: Ethics Committee’s Report**

- None

**Agenda Item 15: Website Committee’s Report**

- None

**Agenda Item 16: Diversity, Inclusion and Social Justice Committee’s Report**

- Provided updates on the Psychology Student of Color Equity Award:
  - Finalized the application for the Student Equity Award.
  - Discussed Current Donation Amount: We have a total of \$750 in donations at this time for the equity award. Donations continue to be made. One is an annual recurring donation. Waiting for a check from a donor.
  - DEI committee meets monthly and working on grading rubric and create subcommittees.
- Discussed ways to continue funding for Equity award:
  - Discussed possibility of a “fun drive” as a part of the Equity award.
  - Dr. Lindsey Duca shared idea of including opportunity to donate to Equity award during membership renewal.
  - Student Representative thinking about ways to get donations outside of membership.
  - Discussed idea of QR code.
    - Dr. Karen Lehman discussed how to create QR code.
    - Dr. Anna Krasno to create QR code and will add to signage to the holiday party.

**Agenda Item 17: Meeting Adjournment**

- Meeting adjourned at 9:20AM.