



President: Annika Okamoto, Ph.D.
President-Elect: Pati Montojo, Ph.D.
Treasurer: Megan Donahue, Ph.D.
Secretary: Aubrey Toole, Ph.D.
LAN Representative: Hallie D'Agruma, Ph.D.
Student Representative: Amanda Clapp
Past President: Anna Krasno, Ph.D.
Diversity, Inclusion and Social Justice Chair: (position not filled)

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**November 20, 2023
8:45AM to 10:00AM**

Agenda Item 1: Call to Order and Review of Minutes

- Dr. Annika Okamoto called the meeting order (8:50am), took attendance and evaluated the quorum. A quorum was not established.
- Eight members were present: Drs. Anna Krasno, Annika Okamoto, Christina Donaldson, Lauren Guy Riley, Hallie D'Agruma, Megan Donahue and Karen Lehman. Did not review October 2023 minutes, due to lack of quorum.

Agenda Item 2: President's Report

- No report

Agenda Item 3: President-Elect's Report

- Absent

Agenda Item 4: Past President's Report

- Dr. Krasno reported for President Elect Montojo, all ballot positions filled aside from President-Elect 2024. Dr. Krasno will send out the ballot after Thanksgiving. Call for someone who is not currently on the board to count the votes.
- Dr. Stauss volunteered to count the vote. Dr. Krasno will check ballot closing time frame and will email Strauss for count.

- Discussed saving ballot template in the google drive. Dr. Krasno will create a copy and email the board.
- Dr. Okamoto suggested a holiday gathering for members. Inquiry for host for holiday gathering to be sent out in Happenings newsletter. Date TBD. Gather in park as back-up location.
- Discussed ways in which to approach potential candidates for President-Elect position including but not limited to personal invitations, call through Happenings, shared testimony from past presidents. Dr. Okamoto asked board members who have served as president to submit testimonials to Dr. Guy to include in Happenings. Discussed possible scenarios if position is not filled. Identified possible candidates.

Agenda Item 5: Treasurer's Report

- There is approximately \$34,000 in account. The bank recently changed their digital platform and there were some issues transitioning, but all has been sorted out. Minor impact on time-frame or reimbursements.

Agenda Item 6: Secretary's Report

- Absent - Dr. Lauren Guy Riley is covering minutes.

Agenda Item 7: Student Representative's Report

- Absent

Agenda Item 8: Continuing Education Committee's Report

- Ongoing: Professional Will 6 CE training is now breaking into 2 groups due to interest. SoCal groups (SBCPA, VCPA) would recruit another association to try to cosponsor while mitigating expense/risk. This will bump training to mid-year at earliest. Will run it by LACPA to see if they're interested in being a third.
 - Dr. Steiner's fee is \$5000; proposed fee to participants is: Chapter Member \$150; Non-member: \$180, Student/Agency: \$120– at this rate, all local chapters should have costs covered for the event with some outlay for an admin to complete the administrative work).
 - Participants will have completed a professional will by the end of the workshop and the workshop exceeds Ethics credits for CPA licensure requirements.
- TBD: Dr. Angela Vigna DBT (Committee will follow up with logistics and get a date for Q3/4)
- Dr. Williams Trauma Informed Healing Metaphors (Committee reached out again, haven't heard back). Aim for Fall/Winter.
- Dr. Anahita Holden: Future (maybe 2025?) interest in Somatic Experiencing training.
- Possible CBT-I training for 2024.

Agenda Item 9: Disaster Response Committee's Report

- No local disasters, no report

Agenda Item 10: Media & Public Relations Committee's Report

- No Report

Agenda Item 11: Membership Committee's Report



- No report

Agenda Item 12: Local Advocacy Network Committee's Report

- Absent

Agenda Item 13: Social Committee's Report

- Absent
- Some discussion of installation dinner pros and cons. Consideration of a welcome event, taking into account the feedback for increased inclusivity.

Agenda Item 14: Ethics Committee's Report

- No report

Agenda Item 15: Website Committee's Report

- Dr. D'Agruma shared about link fix to donate on the website for the equity awards.
 - Discussed fix and Dr. D'Agruma will follow up. Looking at log-in issues and Wild Apricot assistance.

Agenda Item 16: Diversity, Inclusion and Social Justice Committee's Report

- Received a total of \$2000 in donations. Award has been announced and recipients will be notified on 3/1/24.

Agenda Item 17: Meeting Adjournment

- Meeting was adjourned at 9:47am after introductions were made to new board member Erin Leigh, who joined the meeting at 9:41am.