

President: Anna Krasno, Ph.D. President-Elect: Annika Okamoto, Ph.D. Treasurer: Darren Del Castillo, Ph.D. Secretary: Avery Voos, Ph.D. LAN Representative: Dean Given, Ph.D. Student Representative: Amanda Clapp Past President: Christina Donaldson, Ph.D.

### Santa Barbara County Psychological Association Board Of Directors Meeting Minutes

### Regular Board Meeting via Zoom

#### October 10, 2022 8:15AM to 9:30AM

### Agenda Item 1: Call to Order and Review of Minutes

- Attendance and evaluation of quorum
- 8:17 am meeting called to order. Attendance: Anna Krasno, Megan Donahue, Avery Voos, Darren Del Castillo, Lindsey Duca, Christina Donaldson, Annika Okamoto, Paula Strauss, and Alyson Huneycutt.
  - Review of September 2022 Minutes: Anna Krasno motioned to approve. Annika Okamoto seconded. Motion to approve September 2022 minutes passed.

#### Agenda Item 2: President's Report

- Provided overview of process to review proposed bylaw edits.
  - Just heard back from Jo Linder-Crow (after submitting in July) and she is now reviewing.

### Agenda Item 3: President-Elect's Report

• Provided overview of upcoming board slate.

### Agenda Item 4: Past President's Report

Dr. Christina Donaldson is sending out the call for board member nominations this week.
Dr. Anna Krasno to support.

# Agenda Item 5: Treasurer's Report

- Provided overview of budget.
  - Discussed possible change: Quickbooks does some aspect of budget, but requires additional payment (approximately \$50/month) to make it automatic.
  - Dr. Avery Voos discussed importance of all board members to update living document with job description by end of the year.
  - Dr. Megan Donahue inquired about current directors and officers insurance policy and about general liability insurance as we resume in person events.
    - Dr. Darren Del Castillo to provide current insurance policy to Drs. Anna Krasno and Megan Donahue. To expire and renew on December 1.

## Agenda Item 6: Secretary's Report

• None

# Agenda Item 7: Student Representative's Report

• None

# Agenda Item 8: Continuing Education Committee's Report

- Provided update on recent Completed Human Trafficking CE. Well attended, nice to co-host with VCPA.
  - Provided update for treasurer about finances related to the event.
- Supported Roe v. Wade community conversation- seemed to go smoothly.
  - Checked in with treasurer, Darren Del Castillo about finances.
- Provided overview on upcoming co-hosted CE event with VCPA related to Gender Identity. Aim for 1/13/2023 12-1:30PM pending speaker availability.
  - Supplement to previous talk hosted by SBCPA, digs in more clinically on family systems and gender identity and transition, should include vignettes, breakout rooms.
  - Speaker will be Dr Krishna Kary (<u>https://www.krishnakary.com</u>), formerly of UCSB. Again, plan to split honoraria with VCPA for these events, perhaps open to non-members for a small fee (\$25).
- Upcoming CE event with Susana Lopez. Scheduled for 9-10:30AM 12/2. Will submit CE materials to CPA once materials received.
- Provided overview of concern when engaging in larger events: Wild Apricot Contacts limit (currently 250). If we keep co-hosting events with VCPA, this may continue to be more of an issue. We archived any contacts who hadn't engaged in any way (i.e. logging in, attending a talk, etc) in 2022 or 2021, which opened some space. Discussed importance of taking this into consideration moving forward.
  - Dr. Megan Donahue to looked into rates for increased contact limits or annual "cleaning" of contacts by website committee.
- Still working on Jonnie Williams talk at AIHS.
- Dr. Megan Donahue checked in on longer talk with Dr. Heidi Zetzer.
  - Discussed c

## Agenda Item 9: Disaster Response Committee's Report

• None



# Agenda Item 10: Media & Public Relations Committee's Report

• None

## Agenda Item 11: Membership Committee's Report

• See Social Committee.

### Agenda Item 12: Local Advocacy Network Committee's Report

• None

### Agenda Item 13: Social Committee's Report

- Provided update on Combined Fall Social and Membership Event on November 4, 2022 at Shoreline Park Picnic Area from 4-6pm. Information will go out to membership this week.
  - Dr. Paula Strauss to send out invite with support from Dr. Anna Krasno.
  - Dr. Annika Okamoto discussed ways in which to get the information out to community members who are not.
    - Board members to forward to contacts in community.
    - Dr. Anna Krasno to support by contacting food provider.

### Agenda Item 14: Ethics Committee's Report

• None

## Agenda Item 15: Website Committee's Report

- Dr. Megan Donahue provided estimate from company, Merge, to integrate design from Design Spinners and update landing pages within WildApricot.
  - Training will be provided to board members to be able to update content.
- Dr. Anna Krasno provided update that website has been updated with new membership levels and prices.

### Agenda Item 16: Diversity, Inclusion and Social Justice Committee's Report

- Dr. Anna Krasno read the following report from Dr. Pati Montojo:
- Working with James to create a donation link for Student Equity Award on SBCPA website
- Finalized content and message to members informing them about the Student Equity Award
- Finalizing the student application and requirements
- Finalizing grading rubric
- Forming a review committee in addition to finding psychologists willing to provide mentoring sessions to awardees.
- Dr. Megan Donahue inquired about tax information.

- Dr. Daren Del Castillo suggested including taxable donation information on website.
- Dr. Christina Donaldson discussed recent donation and will follow up.
- Dr. LIndsey Duca discussed use of 501c3 letter to be provided with donors.
  - Dr. Darrenl Del Castillo to follow up with bookkeeper (Lindsey Smith) on tax information.
  - Dr. Annika Okamoto discussed need for the following to be on donations page: name and address of organization, fact that tax exempt, on whose behalf the money will be used, and percentage of gift that may be deducted.
    - Dr. Anna Krasno to send this information to website committee.

### Agenda Item 17: Meeting Adjournment

• Meeting adjourned at 9:13AM.