



President: Annika Okamoto, Ph.D.  
President-Elect: Pati Montojo, Ph.D.  
Treasurer: Megan Donahue, Ph.D.  
Secretary: Aubrey Toole, Ph.D.  
LAN Representative: Hallie D'Agruma, Ph.D.  
Student Representative: Amanda Clapp  
Past President: Anna Krasno, Ph.D.  
Diversity, Inclusion and Social Justice Chair: (position not filled)

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**October 16, 2023  
8:45AM to 10:00AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Dr. Annika Okamoto called the meeting order (8:48am), took attendance and evaluated the quorum. A quorum was established.
- Eight members were present: Drs. Anna Krasno, Pati Montojo, Annika Okamoto, Aubrey Toole, Lauren Guy Riley, Hallie D'Agruma, and Karen Lehman, as well as student representative Amanda Clapp.
- Review of July 2023 minutes
  - Student Rep Amanda Clapp motioned to approve, Dr. Anna Krasno seconded, all approved. Motion passes.
- Review of September 2023 minutes
  - Dr. Anna Krasno motioned to approve, Student Rep Amanda Clapp seconded, all approved. Motion passes.

**Agenda Item 2: President's Report**

- No report

**Agenda Item 3: President-Elect's Report**

- Dr. Montojo met and contacted current and interested board members to serve on the Board for 2024.

- Dr. Montojo has worked with Drs. Anna Krasno and Annika Okamoto to organize an open call for board nominations.
- Social Chair and President Elect are still open positions. Board members were asked to please forward the open call to anyone they think might be interested/good for these roles.

#### **Agenda Item 4: Past President's Report**

- No report

#### **Agenda Item 5: Treasurer's Report**

- No report

#### **Agenda Item 6: Secretary's Report**

- Dr. Toole cannot attend next month's meeting (will be at ABCT in Seattle) - Dr. Lauren Guy Riley will cover the minutes.

#### **Agenda Item 7: Student Representative's Report**

- Mentorship program update: Amanda plans to send out a survey to mentors and mentees to collect data about their experience in the program and determine whether they would like to continue.
- Amanda has materials about the mentorship program ready to share with the next student rep and has been in touch with someone who may be interested in the position.
- Amanda let the board know that she will be leaving town for the next 2 months. Discussed finding someone to fill in for her for the remainder of the year.
  - Dr. Krasno recommended checking the bylaws to ensure that the person filling in wouldn't need to be elected in order to fill that role. The board speculated that possibly someone else could serve without voting. Amanda will look into the bylaws and circle back to the board.
  - Dr. Okamoto will email the president's listserv to gather opinions about an interim student rep.

#### **Agenda Item 8: Continuing Education Committee's Report**

- CE Committee has pursued a collaboration with LACPA on a 2CE talk on 9/23/23 about TMS for Depression. There will be a discounted rate for SBCPA members. A message has been sent to Contacts via Wild Apricot and will be in Happenings.
- Ongoing: Professional Will 6 CE training is now breaking into 2 groups due to interest. SoCal groups (SBCPA, VCPA) would recruit another association to try to cosponsor while mitigating expense/risk. This will bump training to mid-year at earliest. Will run it by LACPA to see if they're interested in being a third.
  - Dr. Steiner's fee is \$5000; proposed fee to participants is: Chapter Member \$150; Non-member: \$180, Student/Agency: \$120— at this rate, all local chapters should have costs covered for the event with some outlay for an admin to complete the administrative work).
  - Participants will have completed a professional will by the end of the workshop and the workshop exceeds Ethics credits for CPA licensure requirements.



- TBD: Dr. Angela Vigna DBT (Committee will follow up with logistics and get a date for Q3/4)
- Dr. Williams Trauma Informed Healing Metaphors (Committee reached out again, haven't heard back). Aim for Fall/Winter.
- Anahita Holden: Future (maybe 2025?) interest in Somatic Experiencing training.
- Possible CBT-I training for 2024.

#### **Agenda Item 9: Disaster Response Committee's Report**

- No local disasters, no report

#### **Agenda Item 10: Media & Public Relations Committee's Report**

- No Report

#### **Agenda Item 11: Membership Committee's Report**

- Fall membership event scheduled for Friday Nov 3 (see Social Committee report below)

#### **Agenda Item 12: Local Advocacy Network Committee's Report**

- No report

#### **Agenda Item 13: Social Committee's Report**

- Membership drive will be held on November 3rd, 6pm at Kunin
- 20 people signed up so far
- Idea is for member to bring potential new members

#### **Agenda Item 14: Ethics Committee's Report**

- No report

#### **Agenda Item 15: Website Committee's Report**

- Dr. D'Agruma shared an issue about a member's personal address on the website and efforts to make it private
  - Discussed clarifying which contact info will be public information when members create their profiles; Dr. D'Agruma will look into this
  - Dr. Karen Lehman shared a way that SBCPA might be able to change settings for graduate students in Wild Apricot and Dr. D'Agruma weighed in.
    - For now, will modify instructions to make it clear that addresses input will be displayed publicly
    - Going forward, will need to ascertain what the "Use In" option means and if we deselect graduate students what that would mean for that category

#### **Agenda Item 16: Diversity, Inclusion and Social Justice Committee's Report**

- Committee is preparing for the next student equity award application cycle. Committee is meeting tonight from 7-8pm.
  - Discussed sending out another email to membership and advertising for donations at the membership drive social event in November.
  - Dr. Montojo has been meeting with local funders to create potential permanent funding lines for the Equity Award.
- Dr. Christina Aguirre agreed to submit her name on the ballot for DISJ Chair for 2024.

**Agenda Item 17: Meeting Adjournment**

- Meeting was adjourned at 9:27am.