



President: Annika Okamoto, Ph.D.  
President-Elect: Pati Montojo, Ph.D.  
Treasurer: Megan Donahue, Ph.D.  
Secretary: Aubrey Toole, Ph.D.  
LAN Representative: Hallie D'Agruma, Ph.D.  
Student Representative: Amanda Clapp  
Past President: Anna Krasno, Ph.D.  
Diversity, Inclusion and Social Justice Chair: (position not filled)

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**September 18, 2023  
8:45AM to 10:00AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Dr. Anna Krasno called the meeting order (8:58am), took attendance and evaluated the quorum. A quorum was not established.
- Six members were present: Drs. Anna Krasno, Christina Donaldson, Hallie D'Agruma, Paula Strauss, and Aubrey Toole, as well as student representative Amanda Clapp.
- Review of July 2023 minutes postponed until next meeting due to lack of quorum.

**Agenda Item 2: President's Report**

- No report

**Agenda Item 3: President-Elect's Report**

- The time for electing our 2024 officers is approaching.
- Dr. Montojo has contacted all current Board members to gauge interest in serving another term. Some Board members are stepping down for 2024.
- Dr. Montojo is sending Outreach emails to prospective psychologists interested in serving on the Board in 2024 as a way to develop their leadership skills, gain a sense of pride and give back to our community.

**Agenda Item 4: Past President's Report**

- No report

#### **Agenda Item 5: Treasurer's Report**

- No report

#### **Agenda Item 6: Secretary's Report**

- Dr. Toole presented a question about an email received by the admin account and received input from board members about how to respond.

#### **Agenda Item 7: Student Representative's Report**

- Student Rep Amanda Clapp is putting feelers out for a new student representative for 2024
- Discussed mentor program and matching process. Amanda proposed doing a match on a rolling basis, perhaps every 6 months. Dr. Strauss is considering sending out a survey to check in about how mentor-mentee matches are going (sending it out to established pairs). Amanda shared that she has received some positive feedback from participants.
- Amanda and Dr. Strauss will meet before end of 2023 to discuss and collaborate

#### **Agenda Item 8: Continuing Education Committee's Report**

- SBCPA will collaborate with LACPA on a 2CE talk on TMS for Depression on 9/23/23 . Discounted rate for SBCPA members. Message sent to contacts via Wild Apricot and will be in Happenings.
- Ongoing:
  - Professional Will 6 CE training will now be broken into 2 groups due to interest. SoCal groups (SBCPA, VCPA) would recruit another association to try to cosponsor while mitigating expense/risk. This will bump training to mid-year at earliest. Will run it by LACPA to see if they're interested in being a third.
    - Dr Steiner's fee is \$5000; proposed fee to participants is: Chapter Member \$150; Non-member: \$180, Student/Agency: \$120— at this rate, all local chapters should have costs covered for the event with some outlay for an admin to complete the administrative work).
    - Participants will have completed a professional will by the end of the workshop and the workshop exceeds Ethics credits for CPA licensure requirements.
- TBD:
  - Dr. Angela Vigna DBT (will follow up with logistics and get a date for Q3/4)
  - Dr. Williams Trauma Informed Healing Metaphors (reached out again, haven't heard back). Aim for Fall/Winter 2023.
  - Anahita Holden: Future (maybe 2025) possible Somatic Experiencing training.
  - Possible CBT-I training in 2024.

#### **Agenda Item 9: Disaster Response Committee's Report**

- No report

#### **Agenda Item 10: Media & Public Relations Committee's Report**



- No Report

**Agenda Item 11: Membership Committee's Report**

- Dr. Strauss plans to put on a fall membership event. Event has typically been held on a Friday evening in Oct/Nov, but Dr. Strauss is open to changing the day. Looking at November 3rd for that event. Discussed budget and location ideas. Mentioned collaborating with Dr. Andreason (Social Chair) to organize the event.

**Agenda Item 12: Local Advocacy Network Committee's Report**

- Dr. D'Agruma provided a quick update/overview on three main bills that CPA is in support of (LAN committee has developed these bills and has put them in front of the Governor to request signature).

**Agenda Item 13: Social Committee's Report**

- No report

**Agenda Item 14: Ethics Committee's Report**

- No report

**Agenda Item 15: Website Committee's Report**

- No report

**Agenda Item 16: Diversity, Inclusion and Social Justice Committee's Report**

- Meeting tonight to discuss the next round of Student Equity Award.
- Discussed money raised for the award during the summer social event. Discussed whether Venmo would be a possible platform to use for fund raising in the future.

**Agenda Item 17: Meeting Adjournment**

- Meeting was adjourned at 9:39am.