



President: Christina Donaldson, Ph.D.  
President-Elect: Anna Krasno, Ph.D.  
Treasurer: Eric Nelson, Ph.D.  
Secretary: Avery Voos, Ph.D.  
LAN Representative: Dean Given, Ph.D.  
Student Representative: Oriana McGee, M.S.  
Past President: Megan Donahue, Ph.D.

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**February 11, 2021  
8:15AM to 9:30AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Call to order at at 8:19AM.
- Attendance and evaluation of quorum: Drs. Megan Donahue, Avery Voos, Christina Donaldson, Karen Lehman, Anna Krasno, Winifred Lender, Kimberley Taylor, Dean Given, and student representative Oriana McGee.
- Review of January 2021 Minutes
  - Dr. Megan Donahue motioned, Dr. Anna Krasno seconded, all approved. Motion passes.

**Agenda Item 2: President's Report**

- Dr. Brooke Sears is the new Co-Chair for CE.
- Remind Board members to send headshot photos via google drive.
- Discussed success of CE event.

**Agenda Item 3: President-Elect's Report**

- Offered to assist on other projects.
- Dr. Anna Krasno to be in contact with Drs. Cecile Lyons and Betsy Bates Freed to support with social events.

**Agenda Item 4: Past President's Report**

- Dr. Megan Donahue provided a website update.
  - Requested other members to try out possible alternative platform.
  - Annual membership with Wild Apricot renewed in December 2020.
- Drs. Anna Krasno, Winifred Lender, Karen Lehman and Eric Nelson to support in trial of possible new platform.

- Dr. Eric Nelson suggested following up with new platform about increasing accessibility (ADA).
- CE Committee Updates, co-chairing with Drs. Brooke Sears and Lindsey Duka.

#### **Agenda Item 5: Treasurer's Report**

- Provided budget update.
- Provided financial update on recent CE event.
  - Dr. Megan Donahue to follow up with Dr. Nelson about CE fees.
- Update on Youthwell (collaboration of organizations in Santa Barbara focused on supporting youth).
  - Dr. Nelson serves as community partner. Discussed opportunity for SBCPA. Youthwell attempting to connect parents and families and school districts with mental health support.
  - SBCPA has been added to their directory.
  - Dr. Megan Donahue to work with Dr. Nelson on this collaboration.

#### **Agenda Item 6: Secretary's Report**

- No report

#### **Agenda Item 7: Student Representative's Report**

- Inquired whether students would be able to sit in on collegial consultation group.
  - Dr. Christina Donaldson to follow up with Cecile Lyons.
  - Dr. Kimberely Taylor expressed concern that students are not bound by a licensing board and information about confidentiality would need to be reviewed. Discussed what members may be anticipating to get out of the consultation event.
  - Dr. Anna Krasno to follow up about possibility of alternative event to provide information for students.

#### **Agenda Item 8: Continuing Education Committee's Report**

- No report

#### **Agenda Item 9: Disaster Response Committee Report**

- Provided updates from County and CWT.
  - Vaccine supply chain problems.
  - Still in Phase 1A of distribution. Soon to open up to 65 year olds.
  - Blue Shield will be managing sign up for vaccines. County will be supporting at risk individuals.
  - [www.MyTurn.ca.gov](http://www.MyTurn.ca.gov) is new website to support eligibility.
  - Working to address equity on vaccine distribution.
  - CWT working on outreach and provide accurate information.
  - Town hall tonight (2/11) at 6PM.
  - Press conferences every Friday at 4:30PM.
  - Paperwork in place for Santa Barbara and Buellton elementary schools to reopen when we reach threshold.
- Discussed CA Disaster Mental Health Coalition opportunity.

#### **Agenda Item 10: Media & Public Relations Committee Report**

- No report



**Agenda Item 11: Membership Committee Report**

- Provided update on Membership and Networking Coffee.
- Currently have 128 active members.

**Agenda Item 12: Local Advocacy Network Committee Report**

- Dr. Dean Given reached out to CPA to determine next steps.
- Provided update that CMS guidelines state that telehealth continue through 2021.

**Agenda Item 13: Social Committee Report**

- Updates provided by Dr. Christina Donaldson.
  - Upcoming Collegial Consultation Event - first one in March 20th.
  - Upcoming book club to discuss Pieces of a Woman - Feb 21st.

**Agenda Item 14: Ethics Committee Report**

- Current ethical dilemma discussed.

**Agenda Item 15: Website Committee's Report**

- See past president's report.

**Agenda Item 16: Meeting Adjournment**

- Meeting adjourned at 9:34AM.