



President: Anna Krasno, Ph.D.
President-Elect: Annika Okamoto, Ph.D.
Treasurer: Darren Del Castillo, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Dean Given, Ph.D.
Student Representative: Amanda Clapp
Past President: Christina Donaldson, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**February 14, 2022
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Dr. Anna Krasno called meeting to order at 8:17AM.
- Attendance and evaluation of quorum: Drs. Anna Krasno, Megan Donahue, Avery Voos, Paula Strauss, Darren Del Castillo, Annika Okamoto, Lindsey Duca, Karen Lehman, Alyson Huneycutt, Pati Montojo, and Brooke Sears.
- Review of March 2022 Minutes
 - Dr. Annika Okamoto motioned to approve, Dr. Darren Del Castillo seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Provided space for board members who were not at January meeting to introduce themselves.
- Provided update on retreat on Sunday 3/13 on Zoom with a DEI Focus

Agenda Item 3: President-Elect's Report

- None

Agenda Item 4: Past President's Report

- None

Agenda Item 5: Treasurer's Report

- The balance is \$32319, no major changes.

Agenda Item 6: Secretary's Report

- Shared about changes for Happenings this year (managed by Social Chair, Dr. Megan Donahue, this year).

Agenda Item 7: Student Representative's Report

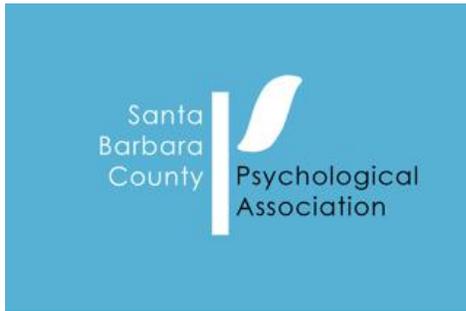
- None

Agenda Item 8: Continuing Education Committee's Report

- Heidi Zetzer has agreed to do supervision CE - Fall 2022.
- There has been a collaboration request from other chapters; responded to inquiry.
- Would like to also consider longer Legal/Ethics CE that integrates changes to practice and CA/national regulations since COVID pandemic. Looking for appropriate speakers.
- Salons: Dr. Weininger on topic related to her recent book "Heart Medicine: How to transform longstanding, recurrent painful patterns"; possible DBT-focused with Dr Angela Vigna in Fall 2022 pending provider availability. Dr. Cerezo and graduate students at UCSB Healing Center may be available pending clarity on honoraria question.
- Speaking with different organizations hosting ongoing CE events, Pacifica director is offering virtual CE ongoing events and willing to offer a discount. There is an event starting in March about changing the world in crisis on Sundays for 1.5 hours each. A Radical Resolve Summit coming up on April 5 and 6, 2022; 8am-4pm, they've also offered to give our organization a discount.
- Discussed having CE-focused news section added to Happenings.
- 18 responses to survey, many requests for ethics and law.
- Discussed compensation/honoraria for presenters– both for shorter Salon talks and clarity on fees for longer trainings/workshops.
 - CE Committee Co-Chairs will put together a proposal for the next board meeting.
 - Dr. Darren Castillo will clarify the budget.
 - Dr. Anna Krasno will check with other chapters on what compensation they offer.
- Suggested collaborating with non-members to help reimburse for CE costs such as contacting SB CAMFT.
- Collaborating with [The Retreat at Pacifica Graduate Institute](#), will be providing an organizational discount for their workshops for our members, Redreaming a World In Crisis: Sundays March 6-May 15th
- Collaborated with the [Radical Resolve Summit](#) through Hanna Institute for a discount for our members for Summit April 5 and 6th

Agenda Item 9: Disaster Response Committee Report

- Dr. Lehman provided an update that the newsletter will be scaled back and sought support from whoever wants to help with that.
- The community wellness team has applied for a federal grant to help recovery from COVID-19 pandemic. Survey in collaboration with Cottage & USCB shows people were reporting mental health impact. More research is going to be done on creative ways of supporting people, such as peer-to-peer models, since private practice providers often tend to be at capacity.
- Suggestion to improve the referral system since emails don't always get responses and create a system for finding people who can provide training.



Agenda Item 10: Media & Public Relations Committee Report

- None

Agenda Item 11: Membership Committee Report

- None

Agenda Item 12: Local Advocacy Network Committee Report

- None

Agenda Item 13: Social Committee Report

- Creating a separate email for Happenings at SBCPA
- Provided website update: Working with Dr. Hallie D'Agruma. Available budget to be clarified with the treasurer.
- Discussed people's comfort with outdoor in-person events
 - Dr. Darren Castillo suggested waiting until the next month for clarification since guidelines are changing (i.e., mask mandate dropped in public places).

Agenda Item 14: Ethics Committee Report

- Proposed forwarding links with CPA information (such as frequently asked questions, good faith estimates). Members supported that idea.
 - Dr. Megan Donahue will add this to Happenings email as Updates from CPA.
- Allison Huneycutt will seek out information on how to request legal consultation from CPA.

Agenda Item 16: DEI committee Report

- Meetings will be held once a month on a fourth Monday.
- The March board retreat will have a heavy focus on diversity.
- Supported Radical Resolve Summit participation idea.

Agenda Item 15: Website Committee's Report

- We are currently month-to-month on Wild Apricot; Drs. Meghan Donahue and James Fortman are currently considering ways to combine the improved design and functionality.

Agenda Item 16: Meeting Adjournment Report

- Meeting adjourned at 9:13AM.