



President: Christina Donaldson, Ph.D.
President-Elect: Anna Krasno, Ph.D.
Treasurer: Eric Nelson, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Dean Given, Ph.D.
Student Representative: Oriana McGee, M.S.
Past President: Megan Donahue, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**January 14, 2021
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Call to order at at 8:18AM.
- Attendance and evaluation of quorum: Drs. Megan Donahue, Avery Voos, Christina Donaldson, Karen Lehman, Anna Krasno, Winifred Lender, Kimberly Taylor, Dean Given, and student representative Oriana McGee.
- Review of October 2020 Minutes
 - Dr. Megan Donahue motioned, Dr. Anna Krasno seconded, all approved. Motion passes.
- Review of November 2020 Minutes
 - Dr. Megan Donahue motioned, Dr. Anna Krasno seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Welcome new and returning board members - still have some open positions on the board (Social Chair or CE).
- Update on introducing board to membership - postponing Installation celebration until it is safe to gather in person.
- Requesting board members to send photos in order to present to SBCPA members.
- Requesting update from website committee.

Agenda Item 3: President-Elect's Report

- None.

Agenda Item 4: Past President's Report

- Dr. Megan Donahue provided website update.

- Website designer updated that current website will need to be down while under construction. Requested input on optimal timing.
 - Dr. Winifred Lender offered talking with designer about ways in which to shorten amount of time website would be down.
 - Dr. Karen Lehman concerned about not being able to send out COVID email update, and voiced positive aspects of Wild Apricot that works.
 - Dr. Megan Donahue to work on getting SBCPA google account to use an account to email from while website down.
 - Dr. Dean Given offered idea of having a basic landing webpage in interim.
 - Dr. Kimberly Taylor offered idea of looking at a different website host.
 - Dr. Megan Donahue to follow up with Cafe Express.
- Updated that

Agenda Item 5: Treasurer's Report

- Treasurer not present, Dr. Christina Donaldson provided brief overview.
- Account Balance - \$26,500 (as of Jan 8, 2021)
- Budget questions or concerns, email Dr. Erik Nelson.

Agenda Item 6: Secretary's Report

- None.

Agenda Item 7: Student Representative's Report

- No report.
- Provided update that she will need to begin exiting the meetings at 9:00 am for class.

Agenda Item 8: Continuing Education Committee's Report

- Dr. Christina Donaldson provided update.
- Upcoming 6 CE event January 30th 9am-4pm - as of 1/13/21 we have 20 people signed up. Please help us spread the word. Sign up if you haven't already.
- Dr. Christina Donaldson to send flyer to board to send out to colleagues.
- Dr. Megan Donahue offered suggestion to ask Dr. Anahita Holden to send out to CAMFT.
- Dr. Christina Donaldson questioned whether Law and Ethics CE would be feasible.
 - CPA requested that Dr. Christina Donaldson to remind that CPA now has different tiers.

Agenda Item 9: Disaster Response Committee Report

- Dr. Karen Lehman provided updates on CWT - county numbers (highest rate throughout pandemic), Cottage Hospital (impact on nurses, 0% ICU capacity), Vaccine phases - and availability for Psychologists
- Reinstating bi-monthly check-ins for SBCPA Members and continuing with the weekly newsletter.
 - Looking for individuals to host check-ins
- Provided recap on presentation at CPA DRN meeting
- Dr. Christina Donaldson offered the idea that four members to create webinars as a way to get basic information about mental health to people.
 - Dr. Karen Lehman discussed what other groups are offering (SBRN does Facebook Live). Dr. Karen Lehman to add Dr. Christina Donaldson as admin on Facebook account.



- Dr. Dean Given noted that SBBH (Life Stance) has new clinicians and availability.

Agenda Item 10: Media & Public Relations Committee Report

- None

Agenda Item 11: Membership Committee Report

- Dr. Winifred Lender provided update on membership (45 members are overdue). Dr. Winifred Lender to reach out to those who have not renewed. Will ask Oriana McGee to reach out to graduate students.
- Tentatively scheduled Membership Networking Coffees - to start in February. Will have board members host.

Agenda Item 12: Local Advocacy Network Committee Report

- None

Agenda Item 13: Social Committee Report

- Book Club is still active - big thank you to Dr.'s Betsy Bates Freed and Cecil Lyons.
- Consultation group to be facilitated by Dr's Betsy Bates Freed and Cecil Lyons.
- Dr. Christina Donaldson will send out to membership when they have dates.

Agenda Item 14: Ethics Committee Report

- None

Agenda Item 15: Website Committee's Report

- See report from past president.

Agenda Item 16: Meeting Adjournment

- Meeting adjourned at 9:25AM.