



President: Megan Donahue, Ph.D.
President-Elect: Katherine Olson, Ph.D.
Treasurer: Eric Nelson, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Juliet Rohde-Brown, Ph.D.
Student Representative: Oriana McGee, M.S.
Past President: Winifred Lender, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Agenda**

Regular Board Meeting
925 De la Vina St, Suite 100

June 11, 2020
8:15AM to 9:30AM

Agenda Item 1: Call to Order and Review of Minutes

- Call to order at at 8:19AM
- Attendance and evaluation of quorum: Drs. Megan Donahue, Avery Voos, Winifred Lender, Katherine Olson, Karen Lehman, Anna Krasno, Eric Nelson, Kimberly Taylor, Betsy Bates Freed, and Student Representative Oriana McGee.
- Review of May 2020 Minutes.
 - Dr. Winifred Lender motioned, Dr. Eric Nelson seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Moment of remembrance and reflection.
- Collaboration with board members will be included in the individual reports below.
- Dr. Megan Donahue discussed possibility of updating to GSuite for security, accessible for multiple users, and easily upload documents for everyone to use beyond the Secretary. Discussed price points (\$7.50 - \$15 per user).

Agenda Item 3: President-Elect's Report

- Discussed initial statement in Happenings and Call to Action response
- Best practices in allyship as a predominantly White organization.
- Have had a response from a number of members to join.
- Board approval of funding to consult with BLM SB leaders (organizers of Juneteenth) and hire possible educational/CE events
 - Consultation groups start at \$40/hour

- President suggests reallocating some funds from the cancelled Lobby Day for this.
- Dr. Katherine Olson proposed motion to allocate funds for consultation / training efforts for advancing commitment to social justice as an organization. Dr. Katherine Olson motioned that \$2000 of budget be allocated to this purpose. Dr. Winifred Lender seconded. All approved.
 - Oriana McGee discussed need to continue this effort as a part of our community.
 - Dr. Eric Nelson discussed adding this to the budget in the future.
 - Dr. Karen Lehman offered the idea of adding a student lead representative to Diversity/Social Justice committee.
- Initial ideas for action items:
 - Issue an official statement as a board with our stance and action items representing our organization.
 - Add a resource page on the website (lists for adults, parents/educators for kids)
 - Reinstate/Create Diversity & Social Justice Committee Chair for next year.
 - Actions in local schools?
 - Dr. Katherine Olson created inclusion and diversity curriculum in past. How might we do this as an organization?
 - Collaborate with local organizations to offer free trainings for members on white privilege, white fragility, implicit bias, and providing healing spaces and addressing trauma for POC and BLPOC (for CEUs if possible)
 - Focus on improving outreach and diversity within our organization- possibly including a survey to gather more info about people's experiences so far
 - Possibility of choosing a book for book club focused on anti-racism
 - Dr. Betsy Bates Freed discussed that book club was on pause due to COVID.
 - Dr. Kimberly Taylor indicated that interest is still there for book club by members.
 - Dr. Katherine Olson offered to organize next book club, possibly with the book *White Fragility*.
 - Dr. Betsy Bates Freed to send list of book club members to Dr. Katherine Olson.
 - Advocacy for changes in the police and sheriff's department?
 - Dr. Avery Voos discussed possibility of focusing on mental health aspect of police reform.
 - Dr. Betsy Bates Freed discussed using scientific aspect of racism and what research demonstrates on individuals and behavior. Suggest using scientific basis for approach.
 - Dr. Karen Lehman discussed focusing on what APA is doing as it is black lead. Suggested reviewing APA's action items. Discussed how the Community Wellness team has connections to the the police / sheriffs department. Indicated that Santa Barbara Response Network has been centering Black voices in the community.



Agenda Item 4: Past President's Report

- Dr. Winifred Lender discussed putting efforts to maintain COVID-19 resource videos for the public and member resources.
 - Information available on public and member view on the website homepage.
 - Members of task force created short videos, developing to maintain consistency.

Agenda Item 5: Treasurer's Report

- Budget update (~\$22,500).
- Wrapping up fiscal year at the end of this month.
- Dr. Megan Donahue requested review of the budget at next months board meeting.
- Dr. Eric Nelson to add section in budget for Diversity / Social Justice committee.

Agenda Item 6: Secretary's Report

- .No report

Agenda Item 7: Student Representative's Report

- No report

Agenda Item 8: Disaster Response Committee Report

- CWT updates re: Reopening, hospital census, community spread increase
- SBPH Health officer orders
- Explanation of how we are reopening despite increases in cases/spread - reopening with social distancing
- CWT has created Ambassador program. Volunteering to visit businesses as they reopen. Discussed how this may put psychologists in a position of bias. Decision made to decline the request to involve SBCPA membership.
- Consensus that general public is confused by messaging of ongoing stay at home orders, amidst reopening. Important to balance the messaging.
- Website updates (discussed earlier by Dr. Winifred Lender).
 - Discussed possibility of YouTube or Google Drive for the videos discussed by Dr. Winifred Lender.
- Saturday zoom checkins continue to happen with a shift toward special topics
- Covid newsletter has continued on weekly basis.
- Dr. Karen Lehman reviewed focus of the task force. Inquired about additional needs seen by the board.

Agenda Item 9: Continuing Education Committee's Report

- Review of programming on calendar.
- Request for exception by June presenter (Pro Bono Psychosocial Accompaniment of Asylum seekers) on Assessment for Asylum to be open to the community.
 - Dr. Winifred Lender discussed concern not to pay for CE's for non-members, and additional work to get CE's for non-members. Possibility of open to non-members for no CE credit.

- Members indicated support for this position.

Agenda Item 10: Website Committee's Report

- Updated COVID resources
- Continued exploration of possible new vendor Club Express
 - Monthly cost "per member" and at current membership would be nearly identical to annual budget for Wild Apricot. No contract.
 - Dr. Megan Donahue to be in touch with group working on website.

Agenda Item 11: Media & Public Relations Committee Report

- No report

Agenda Item 12: Membership Committee Report

- Membership breakfast was a success as a team effort.
- Membership drive date-can start planning.
 - Discussed possibility of wine delivery, creativity hour, leading yoga/meditation.
 - Dr. Megan Donahue indicated need to wait and see on public health guidelines in terms of the wine account.

Agenda Item 13: Local Advocacy Network Committee Report

- The LAN Committee will be meeting statewide via GoTo Meeting on Friday June 19th from 12-1 pm. An agenda will be sent by LAN Chair, Dr. David Hindman.

Agenda Item 14: Social Committee Report

- Discussed successful zoom social hour on June 4.
- Next social hour scheduled for July 9 at 5pm - Dr. Anna Krasno to host
 - Theme will be Sip and Share - Members and friends/partners will prepare an appetizer and/or glass of wine or cocktail/mocktail and share the recipe/varietal details with those joining on Zoom.
- Plan is to be monthly on the 1st or 2nd Thursday of the month
- With county re-opening - discussed possibility of social distanced in-person social events.
- Dr. Megan Donahue noted that she is looking into finding ways to distribute creative sharings from last meeting.
- Dr. Katherine Olson offered idea of using trivia and break out rooms.

Agenda Item 15: Ethics Committee Report

- No report

Agenda Item 16: Meeting Adjournment

- Meeting adjourned at 9:33AM.