



President: Anna Krasno, Ph.D.
President-Elect: Annika Okamoto, Ph.D.
Treasurer: Darren Del Castillo, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Dean Given, Ph.D.
Student Representative: Amanda Clapp
Past President: Christina Donaldson, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**June 13, 2022
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Dr. Anna Krasno called meeting to order at 8:17AM.
- Attendance and evaluation of quorum: Drs. Anna Krasno, Avery Voos, Brooke Sear, Pati Montojo, Christina Donaldson, Darren Del Castillo, Alyson Huneycutt, Megan Donahue, Annika Okamoto, and student representative Amanda Clapp.
- Review of May 2022 Minutes
 - Dr. Daren Del Castillo motioned to approve, Dr. Avery Voos seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Highlighted this month as halfway through appreciation
- Discussed skipping board meeting in August.
- Ad Hoc committee to review bylaws to present edit suggestions at next meeting
- Discussion of Dr. Lepkowsky's request that we contact Sansum
 - Discussed precedent of advocating for local healthcare agencies. Dr. Cristina Donaldson suggested talking with Dr. Dean Given chair.
 - Discussed sending out in Happenings.
 - Dr. Anna Krasno to reach out to Dr. Dean and follow up with Dr. Lepkowsky.

Agenda Item 3: President-Elect's Report

- No report.

Agenda Item 4: Past President's Report

- No report.

Agenda Item 5: Treasurer's Report

- Budget update: \$32,965.78
- Dr. Megan Donahue inquired about reviewing budget at next meeting.

Agenda Item 6: Secretary's Report

- No report.

Agenda Item 7: Student Representative's Report

- No report.

Agenda Item 8: Continuing Education Committee's Report

- Dr. Brooke Sears provided update on recent collaboration with VCPA (11 attendees) with plans to continue.
- Provided update that CPA says Co-sponsorships is no problem, we just need to complete slightly different paperwork.
- Provided update on upcoming salon on Mobile Apps this Friday.
- Still in process with Dr. Lopez. Consultation also with Dr. Jonnie Williams from American Indian Health Services (AIHS).

Agenda Item 9: Disaster Response Committee's Report

- Dr. Karen Lehman out of town. Dr. Anna Krasno read the following update:
 - I plan to attend an upcoming virtual meeting with the group of Santa Barbara County Mental Wellness "stakeholders" who have been involved with the community needs assessment, and small focus group sessions, in an effort to understand and disperse funding from the American Recovery Plan grant which SB County received this year. At this point we have over 50 stakeholders on this committee from various mental wellness organizations, and I represent both SBCPA, and the Community Wellness Team (from which this larger group sprang); This larger meeting is the follow up to 3 smaller focus group meetings which have occurred over the past 2-3 months. One of the primary aims is addressing the shortages of mental health services. I will provide updates. If anyone else would like to attend, please email me, and I will happily send the link.
 - Dr. Chuck Lepkowsky and I will continue to send out any CoVid Newsletter updates, as needed

Agenda Item 10: Media & Public Relations Committee's Report

- No report.

Agenda Item 11: Membership Committee's Report

- No report.

Agenda Item 12: Local Advocacy Network Committee's Report

- No report.



Agenda Item 13: Social Committee's Report

- Dr. Megan Donahue inquired whether the board wants weekly Happenings to go out even if there are no posts.
- Dr. Megan Donahue discussed possibility of casual happy hour outdoors to start bringing people back together outdoors.
- Dr. Megan Donahue to connect with Dr. Paula Strauss to see if there will be a fall membership drive that is also social in nature.
- Dr. Anna Krasno and Dr. Avery Voos to look at dates for July social gathering.

Agenda Item 14: Ethics Committee's Report

- Dr. Huneycutt shared that they are working on a flier for mentorship program.

Agenda Item 15: Website Committee's Report

- Dr. Megan Donahue provided update on website, including discussion of the budget.
 - Discussed budget considerations as an organization.
- Take design from Wild Apricot and find similar design on Word Press. Wild Apricot will continue to operate in the background to manage events, renewals, etc.
 - Word Press will add an additional cost per month (\$100).
- Dr. Megan Donahue discussed need to put forth a motion for the budget for the changes to the website.
- Dr. Darren Del Castillo shared that the budget has remained the same and that there is a surplus.
- Dr. Anna Krasno made a motion to approve up to \$2500 for website redesign. Darren Del Castillo seconded the motion. No discussion. All approved, motion passes.

Agenda Item 16: DEI Committee's Report

- Dr. Pati Montojo provided an update that she has attended DEI Committee Chairs Meeting; moving forward will continue to meet to collaborate.
 - Insights gained: SBCPA has a long way to go to be at a place where DEI is interwoven in all decisions made in the organization. Other psych associations including SF, Redwood City, Alameda, Monterey, have had DEI committees and DEI Committee Chairs for several years prior to the pandemic.
- Monterey County Psychological Association (MCPA) Student Equity Awards: Members contributed funds and MCPA matched those funds. It is a financial award given to two doc students at Cal State Monterey and UCSC. As part of this award, each student will be offered several mentoring sessions with psychologists from MBPA to support and guide them in preparing for graduate school and their career development. We may want to consider this for our organization, to enhance mentoring opportunities, increase student membership, and support doctoral students from historically underrepresented and marginalized groups.

- Dr. Cristina Donaldson discussed the possibility of including this as a part of Legacy Awards.
- Provided update on the call that went out for BIPOC Psychologists of Color Support Group. Interest from two psychologists. Announcement went out and we will be meeting soon, once a month, every other month.

Agenda Item 17: Meeting Adjournment

- Meeting adjourned at 9:03AM.