



President: Christina Donaldson, Ph.D.  
President-Elect: Anna Krasno, Ph.D.  
Treasurer: Eric Nelson, Ph.D.  
Secretary: Avery Voos, Ph.D.  
LAN Representative: Dean Given, Ph.D.  
Student Representative: Oriana McGee, M.S.  
Past President: Megan Donahue, Ph.D.

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**March 11, 2021  
8:15AM to 9:30AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Call to order at at 8:18AM.
- Attendance and evaluation of quorum: Drs. Megan Donahue, Avery Voos, Christina Donaldson, Karen Lehman, Anna Krasno, Winifred Lender, Kimberly Taylor, Jordan Witt, Eric Nelson, Brooke Sears, Dean Given, and student representative Oriana McGee
- Review of February 2021 Minutes.
  - Dr. Megan Donahue motioned, Dr. Anna Krasno seconded, all approved. Motion passes.

**Agenda Item 2: President's Report**

- Described upcoming newsletter for anniversary of pandemic. Will be sending out email and requesting names of volunteers that have been helping with check-in's and other events (last year and this year)

**Agenda Item 3: President-Elect's Report**

- Provided availability for working with student representative on student outreach.
- Provided update on March Collegial Consultation.

**Agenda Item 4: Past President's Report**

- Provided update on website.
  - Continuing to gather information about upcoming changes.
    - Three options (Club Express, using plugins, staying with Wild Apricot).
    - Meeting with web designer next week and in touch with vendors.

**Agenda Item 5: Treasurer's Report**

- Provided budget update (~ \$27,000)
- Provided update about interactions with YouthWell. No payment necessary to be a part of this organization.
  - YouthWell creating a directory, and SBCPA members may be able to post on the directory.
  - Additional opportunities for members to give talks, presentations.

#### **Agenda Item 6: Secretary's Report**

- Checked in about Social Justice Subcommittee. Dr. Megan Donahue and Dr. Avery Voos to connect about setting up the next meeting and identifying leader.

#### **Agenda Item 7: Student Representative's Report**

- Described upcoming student-only SBCPA member networking event scheduled for 3/12/21 in order to understand needs of student members.
- Reached out to Dr. Lyons to revive the student mentorship program.

#### **Agenda Item 8: Continuing Education Committee's Report**

- Discussed survey that was sent out for upcoming CE's. Discussed results from membership survey.
  - Two SBCPA members offered to present
  - Friday evenings and possible lunch time CE events.
- Plans in process for upcoming CE events, including Dr. Diana Hill on ACT in Daily Life and Nick Thayler (UCLA Neuropsychologist). Reached out to Thelma Bryant Davis to present on what Anti-Racism Therapy looks like in the room (\$2000).
  - Checked in with Dr. Eric Nelson about funds available for anti-racism work.

#### **Agenda Item 9: Disaster Response Committee Report**

- Dr. Karen Lehman provided updates on CoVid. Described case rates; NEW state TIERS for reopening, schools, vaccines and vaccine equity, SBCPA check-ins.
  - Described Pilot program to vaccinate 500 farm workers (CWT involved in this grassroots effort). Currency seen as a national model how to reach out and distribute vaccines more equitably.
  - Discussed third party distribution of vaccine as up and coming (MyTurn).
  - Updated CDC guidelines for fully vaccinated people. This applies to social practices not work. The state and county guidelines require masking, distancing, cleaning, etc.

#### **Agenda Item 10: Media & Public Relations Committee Report**

- Provided update on stance of media and public relations committee in the past.
- Discussed idea of how to improve media contents.
  - Queried whether in Happenings if they have contacts within the press for updated contacts.
  - Possibility of expanding press release at Installation event.
  - Discussed idea about press release relating to underserved populations.
  - Dr. Megan Donahue discussed idea of involving Social Justice subcommittee, and how to provide "platform takeover." Need to find someone to help with this thoughtfully.
  - Dr. Christina Donaldson offered ideas about how to get SBCPA members involved in providing some form of support for the community.

#### **Agenda Item 11: Membership Committee Report**



- Provided update on first Networking Coffee of 2021.
- Described plans for future events. Four each year with a different host.
- Dr. Christina Donaldson queried about welcoming of new members.
  - Dr. Winifred Lender offered that when she sends welcome email offers that they can send a bio to secretary to include in Happenings.

**Agenda Item 12: Local Advocacy Network Committee Report**

- Provided updates.
  - Connected with [David Hindman](#) CPA LAN lead.
  - Annual Leadership/Advocacy virtual conference coming up on 3/14 & 3/15.
    - Offered SBCPA members to join on the Monday 3/15 call.
  - Discussed opportunity to review bills.
  - Reached out to Amanda Levy about loophole insurance companies have about recouping funds paid to psychologists.

**Agenda Item 13: Social Committee Report**

- None

**Agenda Item 14: Ethics Committee Report**

- None

**Agenda Item 15: Website Committee's Report**

- See past-president's report.

**Agenda Item 16: Meeting Adjournment**

- Adjourned at 9:32AM.