



President: Christina Donaldson, Ph.D.
President-Elect: Anna Krasno, Ph.D.
Treasurer: Eric Nelson, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Dean Given, Ph.D.
Student Representative: Oriana McGee, M.S.
Past President: Megan Donahue, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**May 13, 2021
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Call to order at 8:18AM
- Attendance and evaluation of quorum: Drs. Avery Voos, Christina Donaldson, Anna Krasno, Eric Nelson, Dean Given, Kimberley Taylor, Karen Lehman, student representative Oriana McGee and student member Scott Young.
- Review of April 2021 Minutes
 - Dr. Anna Krasno motioned, Dr. Avery Voos seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- CPA Board of Directors created a Chapter Relations Task Force (CRTF) to examine and develop recommendations regarding the organizational relationship of CPA and the Chapter Affiliates. Dr. Christina Donaldson requested feedback on CPA's following questions:
 - What are 3 to 5 valued aspects of the current relationship between your Chapter Affiliate and CPA. These values can be large in concept or specific in a particular service.
 - What are 1 or 2 aspects of the CPA/Chapter Affiliate relationship that you would like to see that are not part of the current relationship?
- Provided overview of CPA's role.
- Spoke to CPA about getting more support from them regarding culturally sensitive statements.
- Guest speaker Scott Young continued discussion regarding possibility of members only directory on the website and discussion ensued.
 - Dr. Christina Donaldson checked bylaws and there is nothing in the bylaws that would prevent this.

- Dr. Karen Lehman discussed members only sections being a possibility on Wild Apricot.
- Dr. Anna Krasno discussed difficulty making decision of whether to implement in Wild Apricot or on new website without timeline for new website.
 - To be discussed when Dr. Megan Donahue is present to discuss timeline of new website.
- Dr. Christina Donaldson discussed possibility of offering a zoom check in for members who want to discuss reopening the office. Inquired with Dr. Karen Lehman about status.
 - Dr. Karen Lehman discussed that the guidelines around masking have not changed in the state since November. CDC recommendation around masking only apply to private gatherings and not businesses.
 - CAL OSHA is meeting May 20 to update guidelines around COVID and workplace safety. Dr. Karen Lehman recommended waiting until after May 20 (perhaps June 2021) to move forward with a check in.
 - Dr. Dean Given gave comment that likely the board would be inundated with emails once mask mandate lifted. SBC remains in Orange Tier.

Agenda Item 3: President-Elect's Report

- Collegial Consultation attendance - possibility of CEs?
 - Dr. Christina Donaldson described CE approval process (e.g. objectives, evaluation)
 - Perhaps try case consultation without a topic. Have a facilitator and just bring your cases for discussion. Dr. Christina Donaldson said a few members have asked for a more general case discussion.
- Dr. Rotz's consultation included 3 participants plus him
- May 25th event does not yet have registrants.
- Dr. Karen Lehman made comment about the "one time" drop-in nature and it may be less desirable to have to present all the details of the case/background, etc.
- Dr. Anna Krasno will circle back to Dr. Cecile Lyons to decide what to offer for the next month.

Agenda Item 4: Past President's Report

- None

Agenda Item 5: Treasurer's Report

- Dr. Eric Nelson provided budget update.

Agenda Item 6: Secretary's Report

- None

Agenda Item 7: Student Representative's Report

- Provided update on student networking event on 4/16 (4 registered, 4 attended).
- Provided update on student informational event on 4/30 (7 registered, 3 attended).
- 4 psychologists are signed up to present topics to student members in May and June
- Need more volunteers for Mentorship Program (2 students have signed up).
- Inquired about a possibility of a discounted membership rate for students signing up in May?
 - Dr. Kimberly Taylor discussed fees being related to bylaws.



- Scott Young discussed members covering student fees in the past.

Agenda Item 8: Continuing Education Committee's Report

- Update provided via email as CE members not present.
- ACT Daily in Clinical Life with Diana Hill, PhD is tomorrow evening and has 38 registrants - We had a major learning curve with this one. We accidentally sent it to a larger contact list and have 10 people who registered who aren't active members
 - Non-members can attend for free but need to pay \$15 if they want CEs
- Lunch and Learn with Nick Thalor, PhD Brain Injury and how it applies to Covid-19 is approved and scheduled for June 4th at noon and has 13 registrants
- Submitted the application this week for a Morning Coffee Salon: Psychopharmacology Refresher with Josephine McNary, MD on June 23rd at 8am
- Scheduled a conversation for this Friday with Sylvie Taylor, PhD about potentially presenting her talk on Anti-Racism/Racial Justice: Decolonizing Psychology Curriculum - it was highly recommended by student member Oriana McGee

Agenda Item 9: Disaster Response Committee Report

- Dr. Karen Lehman gave report on current COVID-19 rates and ages testing positive. Provided update that vaccine now being given to 12-15 year olds in SBC. Issue of vaccine hesitancy mentioned.
- Question from Dr. Christina Donaldson re: unvaccinated client wanting to be seen in-person.
- Emergency declaration of national health emergency has been extended through July 2021, which should allow ongoing insurance reimbursement for telehealth through that time
- Report on local suicides and PFA coming in for support in coordination with Community Wellness Team

Agenda Item 10: Media & Public Relations Committee Report

- None

Agenda Item 11: Membership Committee Report

- Upcoming Networking Coffee (5/28). 13 Registered to attend.
- Recruitment of CPA members. Consider offering membership from June or July onward through 2022 at one rate to encourage sign ups and ensure continuity for membership for 18-months for these members.
 - Discussion postponed to next June 2021 board meeting when Dr. Winifred Lender in attendance.

Agenda Item 12: Local Advocacy Network Committee Report

- I reached out to Assemblyman Bennett's office to offer distressed constituent training and request a meet & greet with him.
- Consider requests to support: 1) General complaint to the BOP, 2) Oppose the PSYPACT guidelines.

- Dr. Dean Given discussed PSYPACT and challenges in California.
- Dr. Christina Donaldson discussed issues of misinformation presented at recent meeting.
- Dr. Dean Given discussed complaint on the BOP for how rigid they enforce their rules and that we are being asked to sign on in support.
 - Dr. Christina Donaldson noted that CPA denied the request to provide support.
 - Dr. Dean Given provided his point of view on the issue, highlighting that the BOP are a part of Consumer Affairs and are there to protect consumers not psychologists.
 - Dr. Dean Given discussed taking the approach of providing feedback to CPA and ask CPA what their approach is.
 - Members provided feedback on the letter to BOP.
 - Dr. Kimberly Taylor discussed impact of BOP's actions on our own members that has been prohibitively costly.
 - Scott Young discussed feasibility of the approach.
 - Dr. Christina Donaldson will plan to provide feedback to the chapter about concerns about the effectiveness of the letter, and we will continue discussion but as of right now we will not sign on the letter.

Agenda Item 13: Social Committee Report

- None

Agenda Item 14: Ethics Committee Report

- None

Agenda Item 15: Website Committee's Report

- None

Agenda Item 16: Meeting Adjournment

- Meeting adjourned at 9:33am