



President: Megan Donahue, Ph.D.  
President-Elect: Katherine Olson, Ph.D.  
Treasurer: Eric Nelson, Ph.D.  
Secretary: Avery Voos, Ph.D.  
LAN Representative: Juliet Rohde-Brown, Ph.D.  
Student Representative: Oriana McGee, M.S.  
Past President: Winifred Lender, Ph.D.

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting via Zoom**

**October 8, 2020  
8:15AM to 9:30AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Call to order at at 8:20AM
- Attendance and evaluation of quorum: Drs. Megan Donahue, Avery Voos, Eric Nelson, Christina Donaldson, Kimberly Taylor, Karen Lehman, Hallie D'Agruma, Anna Krasno, Winifred Lender, Betsy Bates Freed and Student Representative Oriana McGee
- Review of September 2020 Minutes
  - Dr. Eric Nelson motioned, Dr. Winfred Lender seconded, all approved. Motion passes.

**Agenda Item 2: President's Report**

- Discussed 2021 Board Slate.
- Provided website Sub-committee update. Plan to go-live by the start of 2021.
- Update on Google Suite Account. This is in process. Dr. Megan Donahue to work with Dr. James Fortman on the transfer. Working to create Admin, Secretary and CE accounts. Plan to be up and running by next month.
  - Dr. Megan Donahue to work with Dr. Avery Voos in transfer of old secretary email.
- Provided update on new CPA membership tiers.
  - Dr. Betsy Bates Freed suggested Dr. Megan Donahue provide an update on these options to members.
    - Dr. Megan Donahue to determine best way to update members.

**Agenda Item 3: Disaster Response Committee Report (5-10 minutes)**

- Dr. Karen Lehman provided updates on CoVid response.
  - Discussed CWT meetings (occurring once per week).
  - Provided update on SB County.

- Moved into Red Tier last Tuesday. Gives public schools the option to be in person without applying for waivers, but with restrictions. SB and Goleta Unified are not going to move in this direction through the end of the year.
  - Discussed equity measures. Referred to weekly newsletter for details.
  - Highlighted SBRN Suicide Walk 10/21 as possible event for SBCPA involvement.
  - Provided update from CPA DRN meeting.
  - Dr. Betsy Bates Freed inquired about prediction for cases over the course of the year.
  - Oriana McGee noted that Carpinteria School District is opening in hybrid format.
  - Dr. Kimberly Taylor inquired about psychologist's plans for returning to offices.
  - Dr. Megan Donahue offered to host Saturday COVID check-in.
  - Dr. Christina Donaldson inquired about insurance for telehealth.
    - Dr. Megan Donahue reported that CPA and APA advocating for insurance coverage at least until vaccine available.
  - Dr. Megan Donahue to reach out to Dr. Chuck Lepowski about town hall meeting on COVID updates.

#### **Agenda Item 4: President-Elect's Report**

- No report.

#### **Agenda Item 5: Past President's Report**

- No report.

#### **Agenda Item 6: Treasurer's Report**

- Provided budget update (account around \$20,000)
  - Dr. Megan Donahue discussed re-allocation of funds to the CE budget.

#### **Agenda Item 7: Secretary's Report**

- No report.

#### **Agenda Item 8: Student Representative's Report**

- No report.

#### **Agenda Item 9: Continuing Education Committee's Report**

- Dr. Hallie D'Agruma provided update on upcoming salon on working w/ trans/nonbinary clients (Oct 23).
- Provided update on 6 credit CE planned on Implicit Bias (Jan 30), associated with Just Communities.
  - Research indicates positive outcomes from this training.
  - Materials are currently being reviewed by CPA.
  - Dr. Christina Donaldson inquired about non-SBCPA-members joining CE events.
    - Dr. Megan Donahue discussed how to navigate these requests.
    - Dr. Winifred Lender discussed history of allowing non-SBCPA members in salons. Suggested limiting to other professionals.
    - Oriana McGee discussed benefits of opening salon to non-members.
      - Dr. Megan Donahue reviewed by-laws.
    - Dr. Megan Donahue, Christina Donaldson and Hallie D'Agruma to discuss further offline.

#### **Agenda Item 10: Website Committee's Report**



- See President's report above.

#### **Agenda Item 11: Media & Public Relations Committee Report**

- No report.

#### **Agenda Item 12: Membership Committee Report**

- Dr. Megan Donahue provided Membership update. Chair not present.
- Dr. Anahita Holden provided updates as follows:
  - Went through newly joined members list in database and approved memberships, sent a welcome email to SBCPA.
  - Final networking breakfast of the year coming up in November, hosted by Cecile Lyons; will coordinate efforts and make announcements as well as coordinate coffee/breakfast orders.
  - Will delay membership drive until November in order to have President revise demographic information options in membership application/renewal forms for increased accuracy.

#### **Agenda Item 13: Local Advocacy Network Committee Report**

- Report provided in advance of meeting. Chair not present
  - SB 855 was passed into law. This bill will positively impact how MH/SUD conditions are treated in the state of CA, giving psychologists more autonomy. Amanda Levy extends gratitude to all those who sent in letters of support.
  - For other CPA bills that our CA governor has signed and their status, the list may be viewed at [CPA Legislative Positions](#).

#### **Agenda Item 14: Social Committee Report**

- Dr. Besty Bates Freed provided update on the book club and positive response from members. Next meeting Oct. 18 to discuss "Nickel Boys" by Colson Whitehead.
  - Discussed difficulty of purely social events virtually.

#### **Agenda Item 15: Ethics Committee Report**

- No report.

#### **Agenda Item 16: Meeting Adjournment**

- Meeting adjourned at 9:08AM.