

President: Christina Donaldson, Ph.D. President-Elect: Anna Krasno, Ph.D.

Treasurer: Eric Nelson, Ph.D. Secretary: Avery Voos, Ph.D.

LAN Representative: Dean Given, Ph.D. Student Representative: Oriana McGee, M.S. Past President: Megan Donahue, Ph.D.

# Santa Barbara County Psychological Association Board Of Directors Meeting Agenda

### **Regular Board Meeting via Zoom**

October 14, 2021 8:15AM to 9:30AM

### Agenda Item 1: Call to Order and Review of Minutes

- Dr. Anna Krasno called meeting to order at 8:19AM.
- Attendance and evaluation of quorum: Dr. Anna Krasno, Megan Donahue, Avery Voos, Kimberly Taylor, Brooke Sears, Jordan Witt and Student Representative Oriana McGee. Dean Given joined at 9AM.
- Review of September 2021 Minutes
  - Dr. Megan Donahue motioned to approve, Dr. Megan Donahue seconded, all approved. Motion passes.

#### Agenda Item 2: President's Report

None

#### Agenda Item 3: President-Elect's Report

- Reminder of DEI special board meeting 10/25 from 7-8am
- Motion to create DEI Committee Chair board member position
  - Megan Doanhue discussed changes at CPA wherein DEI committee is a voting member. Discussed the need for revision of by-laws as they have not been reviewed since 2016.
  - o Dr. Kimberly Taylor offered perspective from working on previous revisions.
  - Oriana McGee offered her support.
  - Dr. Kimberly Taylor offered importance of sending follow up on vote to members who are absent. Dr. Anna Krasno to do so.
  - Dr. Anna Krasno motioned to create a DEI committee chair position on the board that is also worked on to become a voting member of the executive board. Dr. Megan Donahue seconded. Opened for discussion. Motion passes unanimously.
- Call for Nominations for 2022 Slate going out early next week

### Agenda Item 4: Past President's Report

- Provided update on website vendor decision-- Wild Apricot Increasing rate; Pros and Cons of new Vendor.
  - Dr. Megan Donahue to check in with treasurer on budget.

### Agenda Item 5: Treasurer's Report

• Account balance - \$25,163

### Agenda Item 6: Secretary's Report

None

# Agenda Item 7: Student Representative's Report

• Provided update that there will be an "Ask a Psychologist" talk on 12/10/21: Overview of Attachment Theory in Practice (Dan Schwartz).

# Agenda Item 8: Continuing Education Committee's Report

- Dr. Brooke Sears provided update that presenters agreed to free presentation on MAPS/Ketamine at no cost scheduling an evening talk in early December
- Upcoming Events approved or in process with CPA
  - Prevention & Treatment of Youth Suicide, <u>CE Calendar</u>, 11/19/2021
  - Autism in Adulthood (Dr. Anna Krasno)-- Friday, 11/5/21, 8a-9:30a (pending)

## **Agenda Item 9: Disaster Response Committee Report**

- Dr. Karen Lehman absent, Dr. Anna Krasno provided overview:
- Alisal Fire Incident ongoing, no current needs for mental health support
- Incident of unknown nature at DPHS with request from SBRN for PFA on Monday.
- Our CWT/Behavioral Wellness Mental Health Impact Survey for the American Recovery Plan Federal Grant was completed 2 weeks ago, with approx 4500 responses (including in person outreach by the county promotores to Spanish and Mixteco speaking residents). Erika Felix, Ph.D. will be leading the data analysis, and the preliminary findings were reported to the county Board of Supervisors 10/5/21. CWT will meet in the upcoming weeks to review the data and learnings and engage in dialogue about what service structure will best serve our community, given information learned from the survey, and what gaps exist in service. Recommendations will be compiled into a report which will be presented to the BOS to request additional funding for needed services
- CoVid weekly newsletter continues to have a readership engagement level between 52-60%, comparable to the weekly Happenings readership, and we plan to continue publishing it weekly
  - Board members discussed desire to send recognition to Dr. Karen Lehman. Dr. Megan Donahue to follow up.

# Agenda Item 10: Media & Public Relations Committee Report

- Dr. Jordan Witt provided update that Grand Rounds at Cottage Hospital will move to provide credits to psychologists.
- Dr. Anna Krasno noted that there are nine registration for creativity event.

### Agenda Item 11: Membership Committee Report

- Dr. Winifred Lender absent, Dr. Anna Krasno read:
- Discussion of dues for 2022. Dr. Winifred Lender wanted to keep the terms from last year.



- o Dr. Megan Donahue discussed reduction in services due to COVID-19.
- Discussed possibility of changing wording in by-laws about fees.
- Oriana McGee discussed desire to reach out to more students and work with either membership committee and/or board members

## **Agenda Item 12: Local Advocacy Network Committee Report**

- Dr. Dean Given provided overview of role of Board of Psychology as advocates for public, not for psychologists.
- Dr. Dean Given provided the following from Dr. Suzanne Morgenstern: "Request for support of an independent task force to collect psychologist concerns regarding the Board disciplinary process. They are envisioning that information to this task force would come from psychologists themselves and would be held in whatever confidence they request, for later aggregate presentation to the board, in support of our request for more proportionate and transparent response to allegations of psychologist misconduct."
  - Dr. Dean Given offered perspective that he trusts CPA over a group of psychologists who want to "storm the board." Update that CPA was not in line with the task force.
  - Dr. Anna Krasno and Megan Donahue offered support of Dean Given's perspective.
  - Dr. Jordan Witt inquired about further information.
  - o Dr. Anna Krasno to respond to the request.
- LAN leadership is looking to be more active, with increased meeting frequency to monthly.

# **Agenda Item 13: Social Committee Report**

None

# Agenda Item 14: Ethics Committee Report

None

### Agenda Item 15: Website Committee's Report

None

### Agenda Item 16: Meeting Adjournment

Meeting adjourned at 9:10AM.